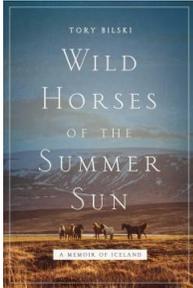
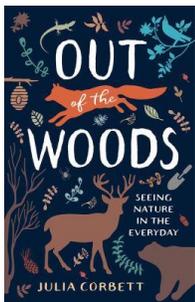


Carver County Library Suggests *Connecting with Nature*



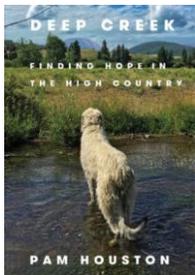
[Tory Bilski - *Wild Horses of The Summer Sun: A Memoir of Iceland* \(636.1 BIL 2019\)](#)

Bilski weaves a narrative of horses and friendship in windswept Iceland in this transportive memoir. The married mother of two working as a Yale administrator, she decides on a whim to join a trip to a horse farm in northern Iceland in 2004. At first, she and the other eight women at the farm are strangers, but they soon bond over their love of Icelandic horses and, over each of the following 11 years, the group returns to the farm. Readers with adventurous spirits and healthy amounts of wanderlust will enjoy this charming memoir.



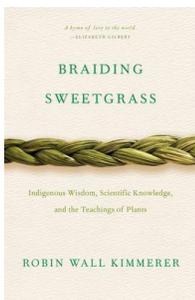
[Julia Corbett - *Out of the Woods: Seeing Nature in the Everyday* \(304.2 COR 2018\)](#)

Have you ever wondered about society's desire to cultivate the perfect lawn, why we view some animals as "good" and some as "bad," or even thought about the bits of nature inside everyday items-toothbrushes, cell phones, and coffee mugs? In this collection of essays, Corbett examines nature in our lives and leads us to surprising insights into the products, practices, and phrases we take for granted in our everyday encounters with nature.



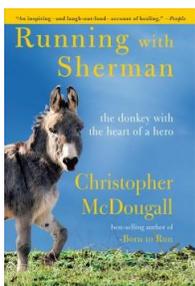
[Pam Houston - *Deep Creek: Finding Hope in the High Country* \(814.54 HOU 2019\)](#)

A memoir of more than 20 years of ranch living in Colorado. Practical details including chores, weather, and isolation are interspersed with chapters on seasonal change and natural beauty. Houston builds an ecosystem of dogs, horses, sheep, chickens, and miniature donkeys among native elk and coyotes, and peoples her wilderness with friends, visiting writers, helpful neighbors, and ranch sitters.



[Robin Wall Kimmerer - *Braiding Sweetgrass* \(305.897 KIM 2015\)](#)

With deep compassion and graceful prose, botanist and professor of plant ecology Kimmerer (*Gathering Moss*) encourages readers to consider the ways that our lives and language weave through the natural world. A mesmerizing storyteller, she shares legends from her Potawatomi ancestors to illustrate the culture of gratitude in which we all should live. A trained scientist who never loses sight of her Native heritage, she speaks of approaching nature with gratitude and giving back in return for what we receive.



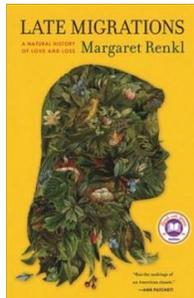
[Christopher McDougall - *Running with Sherman: The Donkey with the Heart of a Hero* \(636.182 MCD 2019\)](#)

In this tenderhearted memoir, McDougall (tells of his adoption and rehabilitation of Sherman, an ailing rescue donkey who was neglected by an animal hoarder. Against great odds, he decided to train Sherman to enter a world championship burro race. Sherman's transformation from dying donkey to confident runner involved a circle of family, friends, neighbors, and a few feisty donkeys, each of whom McDougall portrays in affectionate, vivid detail. A charming tale of a resilient donkey and a community's love.



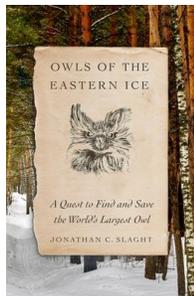
[Sy Montgomery - *How to Be a Good Creature: A Memoir in Thirteen Animals* \(590 MON 2018\)](#)

A naturalist and adventurer Sy Montgomery discusses the personalities and quirks of thirteen animals who have profoundly affected her, exploring themes of learning to become empathetic, creating families, coping with loss, and the otherness and sameness of people and animals. To research her books, she has traveled the world and encountered some of the planet's rarest and most beautiful animals. Montgomery's lyrical storytelling and resonant lessons on how animals can enhance our humanity result in a tender, intelligent literary memoir.



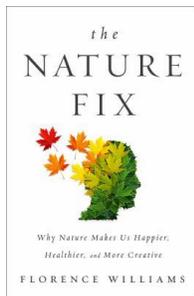
[Margaret Renkl - *Late Migrations: A Natural History of Love and Loss* \(921 RENKL 2019\)](#)

Renkl, a contributing opinion writer for the New York Times, has written a lyrical memoir entwined with the natural history surrounding her childhood home in rural Alabama and her current suburban Nashville residence. In short chapters, Renkl shares stories along with memories recounted by her family and tells of housing bluebird families, raising monarch caterpillars, the sadness of death in nature, and the chipmunks and squirrels with whom she currently shares her home. Interspersed with the chapters are appealing nature illustrations by the author's brother



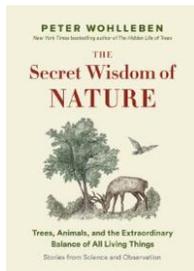
[Jonathan C Slight - *Owls of the Eastern Ice: A Quest to Find and Save the World's Largest Owl* \(598.97 SLA 2020\)](#)

Slight recounts his five-year study of Blakiston's fish owls: raptors notable for their large size, rarity, and habitat (shared with Amur tigers) in southeastern Russia. On his first chance encounter with the elusive owl, Slight thought it looked like a small bear with decorative feathers. Slowly during his research, the owls reveal their secrets, and Slight lets readers revel in the discoveries along with him. There's a compelling human side to the story as well as Slight describes his interactions with local scientists and research assistants.



[Florence Williams - *The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative* \(155.9 WIL 2017\)](#)

Science journalist Williams visits Japan and South Korea, whose national programs in forest bathing, or experiencing nature, aim to slash health-care costs, mainly by reducing stress. In Finland, which is also seeking to reduce the cost of health care, she meets researchers who claim that humans need a minimum of five hours of exposure to nature a month. In Scotland, she observes nature therapy for petty criminals and former drug addicts. Williams explores the relationship between nature and human well-being in an upbeat, brightly conversational account.



[Peter Wohlleben - *The Secret Wisdom of Nature: Trees, Animals, and the Extraordinary Balance of All Living Things* \(508 WOH 2019\)](#)

Master storyteller and international sensation Peter Wohlleben takes readers on a thought-provoking exploration of the vast natural systems that make life on Earth possible. In this tour of an almost unfathomable world, he describes the fascinating interplay between animals and plants and shows us how to recapture our sense of awe so we can see the world around us with completely new eyes.